Advanced Persistent Threat (APT): Sharpening Your Defensive Arsenals

Inno Eroraha, CISSP-ISSAP, CISM, CISA, CHFI, PI
Founder & Chief Strategist
NetSecurity Corporation

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Today’s cyber adversaries are highly skilled and sophisticated hackers who are either part of a state-sponsored or organized crime. These “elite” hackers are so advanced that current perimeter security measures do not detect, let alone prevent their attacks. These criminals are paid and spend ample time conducting reconnaissance about their targets, and then customizing their attack (in form of a malicious software) towards the victim. The firewall or perimeter defensive measures do not prevent these attacks and the intrusion detection systems or anti-virus software doesn’t detect these intrusions since there are no known signatures. These cyber attackers continue to leverage users’ susceptibility to social engineering attacks to infiltrate critical networks. Once inside the network, they fly below the radar and often go undetected while pilfering vital data. Advanced Persistent Threats (APTs) pose a new set of challenges to cyber security personnel and forensics analysts charged with securing critical networks (of government, corporations, or political groups) that may become targets. This presentation addresses APT, why these attacks are successfully bypassing existing security measures, ways to detect APT attacks through real-time network- and memory-forensics techniques, current challenges posed by APT, and steps to build carefully executed defensive measures to thwart these emerging attacks.
Agenda

• What is APT?
• Who is behind APT activities?
• Who are APTs targeting?
• Why should we care?
• Common attacks vectors
• Sharpening your defensive arsenals
The Evolution of Commercial Malware

- Years ago, virus writers used to be script kiddies
  - More interested in attention and bragging rights
  - Motive was to corrupt data and inconvenience users
- These malware were easily detected and stopped
- The cyber attack landscape has changed...
Change in Cyber Landscape

- Organized criminal elements realize the Internet presents a good vehicle to make money
- Recruit skilled programmers to create malicious software
- Not intended to cause disruption but to enable the theft of money and/or data
- Leads to the creation of underground economy
- Attackers keep their zero day exploits secret
- Exploits are used against targets or sold to other attackers
- Hackers no longer disclose their exploits like before
The Underground Economy

- Allows cyber criminals to buy data and software to steal data
- Malware creation tools exist:
  - Examples: MPack is used to launch sophisticated attacks by people with the right programming skills against unsuspecting users
- There is an increase in the number of attacks and compromised systems
- According to AVG Technology, "During 2008 alone, more than 1.5 million new strains of malware were identified – which translates to tens of thousands of samples arriving in security companies’ research labs every day."

- Cybercrime is a multi-billion dollar industry
Malware Kit – MPack

In computer security, **MPack** is a PHP-based malware kit produced by Russian crackers. The first version was released in December 2006. Since then a new version is thought to have been released roughly every month. It is thought to have been used to infect up to 160,000 PCs with keylogging software. In August 2007 it was believed to have been used in an attack on the website of the Bank of India which originated from the Russian Business Network.

Unusual for such kits, MPack is sold as commercial software (costing $500 to $1,000 US), and is provided by its developers with technical support and regular updates of the software vulnerabilities it exploits. The server-side software in the kit is able to customize attacks to a variety of web browsers including Microsoft Internet Explorer, Mozilla Firefox and Opera. MPack generally works by being loaded in an IFrame attached to the bottom of a defaced website. When a user visits the page, MPack sends a script that loads in the IFrame and determines if any vulnerabilities in the browser or operating system can be exploited. If it finds any, it will exploit them and store various statistics for future reference.

Included with the server is a management console, which allows the attacker deploying the software to view statistics about the computers that have been infected, including what web browsers they were using and what countries their connections originated from.

Experts at Spy-Ops have estimated that the market for cracker toolkits such as MPack has exploded into hundreds of millions of dollars USD annually. [citation needed]
What are Cyber Criminals After

- Your Identity
- Confidential Data
- Money
- Defense Intelligence
- Intellectual property (competitive and strategic advantage)
- Infrastructure
Cyber Attack Vectors

- Socially-Engineered Highly-target Email (Spear Phishing)
  - Malicious Attachments (PDF, Word, Excel, CHM, etc.)
  - Malicious Web Links
- Websites ("trusted" and "untrusted") with malicious payloads
  - "Trusted" websites are compromised and used to deliver malicious payloads
    - Example: **U.S. Treasury Web sites hacked, serving malware**
- Social networks
- Vulnerabilities in web browsers and browser ad-ons (Flash, QuickTime, etc.)
- Vulnerable applications
Avoiding Detection

- Cyber criminals want to remain undetected and want to “hang around” the penetrated network for a long time.
- Malware Operators avoid their tools being captured by security companies by serving different content based upon the visitor – security vendors can be provided with good code while unpatched browsers can be serviced with bad codes.
- Malware are Polymorphic which allows them to change each time.
Malware Growth

According to McAfee:

• In about 22 years, from 1986 to March 2008, 10 million malware samples piled up in their collection.

• In just the last 12 months, however, from March 2008 to March 2009, this figure doubled.

• This pace represents 27,000 samples in a day, or 1,100 each hour.
Common Attack Vectors

Targeted Attacks

What is Advanced Persistent Threat (APT)?

- **Advanced** – Criminal operators behind the threat utilize the full spectrum of computer intrusion technologies and techniques. While individual components of the attack may not be classed as particularly “advanced” (e.g., malware components generated from commonly available DIY construction kits, or the use of easily procured exploit materials), their operators can typically access and develop more advanced tools as required. They combine multiple attack methodologies and tools in order to reach and compromise their target.

- **Persistent** – Criminal operators give priority to a specific task, rather than opportunistically seeking immediate financial gain. This distinction implies that the attackers are guided by external entities. The attack is conducted through continuous monitoring and interaction in order to achieve the defined objectives. It does not mean a barrage of constant attacks and malware updates. In fact, a “low-and-slow” approach is usually more successful.

- **Threat** – There is a level of coordinated human involvement in the attack, rather than a mindless and automated piece of code. The criminal operators have a specific objective and are skilled, motivated, organized and well funded.

Advanced Persistent Threats

• Are posed by hackers sponsored by organized crime, state-sponsored and recruit skilled software programmers to develop malware

• Targets Government entities, defense industrial base, financial institutions, corporations, political groups, and other “high-valued” organizations

• Are low key and stealth attacks, developed to bypass security measures (firewalls, IDS/IPS, anti-virus, etc.)

• Employs web and email as attack vectors to target their victims – through social networks, malicious websites, or Spear-Phishing (carefully crafted and spoofed emails)
Advanced Persistent Threats (Contd.)

• Takes great skills in proactive incident response, security, forensics, and malware analysis to identify – It is a very complex challenge

• Detection relies upon knowledge of host- and network-based compromise indicators

• Rushing to quick fixes, removing “affected” system, could result in reoccurrence

• Widely Publicized Examples:
  – Google (Operation Aurora)
  – GhostNet
APT Motivation

- Money
- Defense Intelligence
- Intellectual property (competitive and strategic advantage)
- Infrastructure
- Identify Theft
Example APT – Operation Aurora

Google cyber attacks a 'wake-up' call for US, intel chief says

Director of National Intelligence Dennis Blair warns that the US could face a crippling cyber attack, as cyber threats grow in scope and sophistication.

A man walks past the logo of Google China outside its company headquarters in Beijing, January 19. Is China to blame for the recent cyber attacks?

Alfred Jin / Reuters
Example APT – GhostNet

According to a 10-month investigation of alleged Chinese cyber spying against Tibetan institutions, the findings from Information Warfare Monitor show:

- Documented evidence of a cyber espionage network—of GhostNet—infecting at least 1,295 computers in 103 countries, of which close to 30% can be considered as high-value diplomatic, political, economic, and military targets.

- Documented evidence of GhostNet penetration of computer systems containing sensitive and secret information at the private offices of the Dalai Lama and other Tibetan targets.

- Documentation and reverse engineering of the modus operandi of the GhostNet system—including vectors, targeting, delivery mechanisms, data retrieval and control systems—reveals a covert, difficult-to-detect and elaborate cyber-espionage system capable of taking full control of affected systems.

Example APT – GhostNet

Other Attack Examples

- Adobe
- **Heartland (SQL Injection?)
- **Oil Companies
  - Marathon Oil
  - ExxonMobil
  - ConocoPhillips

**The FBI told them "proprietary" data had been siphoned from their computers

Is APT New?

• Are these attacks new?
• Three viewpoints
  - The press/media
  - Marketers wants you to think it’s new so they can jam their products down your throats – new buzzword is created
  - Security professionals would debate the “newness” of APTs, especially looking at preventive and defensive measures
Anatomy of APT Malware

• Conduct Reconnaissance on Target
• Compromise System
• Create Backdoors (uses Command and Control [CC] Protocol)
• Install Keyloggers and Multiple CC Channels on Compromised Host
  – Multiple CC Channels allows for PERSITENCE access!!!
• Exfiltrate Data
• Perform Lateral Network Movement
• Maintain Persistence (Survive Reboots)
Detecting APTs

• Network-based indicators
• Host-based indicators
• Infrastructure-level indicators
• Users indicators
Why Current Approaches are Inadequate

• False sense of security
• Vendor influences – slanting the solution towards their offerings
Why are Attacks Occurring?

- People’s weakness
- Computing Habits (Email, Web, Trust, Naivety)
- Internal politics
- Not fully leveraging existing security investment
- Reactive instead of proactive security process
- Thinking current measures would solve the problem
  - Anti-virus
  - IDS/IPS
  - Firewalls

**Perimeter defenses are not detecting APTs**
Lessons from APT

- Understand the scope and extent of damage before mitigation approaches
- Communicate with involved team properly
- Protect critical assets proactively
- Implement carefully planned remediation strategies to prevent attacks
Current Approaches

- Anti-virus solution
- IDS/IPS
- Expensive Firewalls
- Regulatory Compliance (FISMA, PCI, HIPAA, etc) focus
- No true Defense-in-Depth

*Why are these approaches not working?*
Sharpening Your Defense Arsenals

• Investigate thoroughly without rushing to mitigation
• Stay educated and get well trained
• Implement Measures
• Identify all points of connections to the network
• Create separate networks with various level of trusts
Defending against APTs

• Awareness Training
  – Based upon various roles – users, SAs, DBAs, Developers, etc.

• Network Seclusion

• Stringent Ingress (Inbound) and Egress (Outbound) Access Control

• Information Sharing
Implement Defensive Measures

- Firewalls with restrictive inbound and outbound rules
- Implement centralized logging
- Log everything centrally and correlate actively
- Implement host-based IDS and network-based IDS and file-integrity checking
- Application Whitelisting
Secure Network Design

• Implement two-factor authentication, even for outbound connections
• Secure network design
  – Network isolation/seclusion
  – Treat every system as untrusted
  – Change Passwords frequently (depending on the criticality of the network)
  – Allow only required services and people
  – Perimeter Defensive Measure
  – Very restrictive firewall rulesets
  – Service and data isolation
Host-Based Security Measures

- Host IDS/IPS
- File integrity checking
- Host baselining
- Proactive host monitoring
- Host assessment
- Secure host configuration
- Application Whitelisting
Application Security

- Use up-to-date applications
- Patch old applications
- Perform code review or application security review
- Sign all emails, if practical!
  - Automatically treat each unsigned emails as suspicious
  - While not 100%, email signing can make phishing attacks less likely to succeed
Application Whitelisting

- Signature-based defenses are capturing a fraction of attacks
- Application Whitelisting may be a solution against advanced threats
- Combine with Host-based IDS/IPS
Network Isolation/Seclusion

- Isolate networks based upon mission
- Enforce strong access control even inside the network
Log Monitoring and Correlation

- Monitor logs vigilantly, looking for compromise indicators
- Correlate logs from other threat feeds
- Correlate logs from various logging devices
Non-Technical Solutions

• Educate people of social engineering
  – Conduct training targeting users based upon their roles

• Educate defenders on threats and how to defend
  – Take courses in forensics, security
  – Non-certification courses are encouraged as they provide problem solving skills
Essential Skillsets for APT Defense

- Incident Response/Handling
- Malware Analysis
- Remote Forensics
- Forensics
- Security Administration
- Log Analysis
- Intrusion Detection
- Reverse Engineering
- Programming
- System/Network Administration
Identify Compromise Indicators

- Windows
- Unix
- Mac OS
- Network Devices
- Mainframes(?)
Establish Policies and Procedures

• Define policies and procedures
• Implement and enforce policies
• Proactively verify for compliance
Identify Information Assets

- Identify organizational assets
- Categorize assets based upon criticality
- Update the assets database proactively
Incident Response Capability

- Develop forensics and incident response plans
- Proactively train incident responders, security analysts, and forensics examiners on new threats
Summary

- Don’t be fooled by vendors proposing to sell you a cure-all solution
- Remember basic protection mechanisms – product alone won’t protect against cyber threats
- Establish an adaptive response strategy
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